

Morning Watercolor

Instructor: Lena Shiffman

Tuesdays, 10 am - 12:30 pm

September 15th - December 8th, 2026



Supply list

Supplies can be purchased at any art supply store in person or online.

If you are not sure where to start, we recommend visiting [Jerry's Artarama](#) or [dickblick.com](#) to begin your search.

Brushes Recommendations

If you already have similar round brushes in medium, small, and detail sizes, those will work well too. Quality matters more than the exact brand.

Round Brushes

- Size 12
- Size 8
- Size 4
- Size 2

Flat Brush

- 1 inch flat

Paper

You can choose to buy either watercolor pads or loose sheets. Michael's has pads featuring different textures and weights. For sheets, cold-pressed paper is recommended for beginners—try Arches 140 lb. cold-pressed paper, measuring 22"x30". This large sheet can be cut into four smaller sheets, each measuring 11" x15", suitable for painting.

Additional items

- Backing Board for Watercolor Paper - Please bring a rigid backing board at least 1 inch larger than your watercolor paper on all sides. For example, if you are working on 11 x 15-inch paper, a 12 x 16-inch board will work well. Suitable options include foam board, gatorboard, masonite, or a drawing board. The board should be sturdy enough to support your paper while taping or stretching.
- Box of tissues or paper towels
- Containers for water – 2 plastic deli-type containers work well
- Large plastic watercolor palette with cover – (comes with separate compartments for paints and a mixing area)
- Blue masking tape
- HB pencil
- kneaded eraser

Paints

WATERCOLOR PAINTS – available in tubes or pans (around 7.5 or 15 mL) – recommended brands include Da Vinci, Grumbacher, and Winsor & Newton. Choose between professional- or student-grade: Grumbacher (Academy) or Winsor & Newton (Cotman). Professional-grade paints offer higher quality but are more costly, so select the option that fits your budget.

Paint Color List

- Alizarin Crimson
- Burnt Sienna
- Burnt Umber
- Cadmium Red
- Cadmium Yellow
- Cerulean Blue
- Lemon Yellow
- Payne's Grey
- Sap Green
- Ultramarine Blue
- Yellow Ochre
- Veridian